ADDINGTON PLACE OF BURLINGTON Assisted Living & Memory Care

March 2025

Assisted Living & Memory C	Lare					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NARDI CRASS	10, 12 9 8 7 6 5 FORWARD 10 10 12 10 9 12 10 9 10 10 10 10 10 10 10 10 10 10		SPRING	All Events Are Subject to Change	9:30 - Walking Exercise 10:00 - BINGO 1:00 - Community Jigsaw Puzzle 2:00 - Movie of Choice
2 10:00 - Community Jigsaw Puzzle 11:00 - Busy Binder 2:00 - Church with Mike 3:00 - Board Games	3 10:00 - Light & Lively Exercise 10:30 News & Views with Fun Facts 11:00 -Decorate Mardi Gras Masks 1:00 Put Newsletters Together 2:00 - Trip to MT Pleasant for Music 3:30 - Coffee Chat HAPPY BIRTHDAY-Jerry Hysell	4 10:00 - Sittercise Exercise 10:30 - News & Views with Life Memories 11:00 - 1:00 -Penny Ante 2:00 -Mardi Gras Celebration 3:00 - Book Club 5 :30 Card Games	5 10:00 - Light & Lively Exercise 10:30 - News & Views with Jokes 11:00 - Bible Study with Eldon 1:00 - Yahtzee 2:00 - BINGO 3:00 - Wednesday Trivia 3:30 - Nail Care	6 10:00 - Empower Me Exercise 10:30 - News & Views with White Board Games 11:00 - Happy Joes 1:30 - Resident Council 2:30 - Pinochle & Other Card Games 5:30 - Popcorn & Movie	7 10:00 - Sittercise Exercise 10:30 - News & Views with Railroad Spelling 11:00 - Paint Jars & Flower Pots 1:15 - Retired Red Hatters 2:00 - Happy Hour-Little Smokies 3:00 - Make St Patrick's Planter & Table Decor	9:30 - Walking Exercise 10:00 - Movie of Choice 1:00 - Community Jigsaw Puzzle 2:00 - BINGO
9 10:00 - Community Jigsaw Puzzle 11:00 - Busy Binder 2:00 - Church with Mike 3:00 - Board Games HAPPY BIRTHDAY - Shirley Mason	10 10:00 - Light & Lively Exercise 10:30 - News & Views with Fun Facts 11:00 -Make Cookies 12:30 - Library Craft 2:00 - BINGO 3:00 -Coffee Chat	11 10:00 - Sittercise Exercise 10:30 - News & Views with Life Memories 11:00 - GATERS 1:00 - Finish St Pats Crafts 2:00 - Activities Meeting 3:00 - Book Club 5:30 - Card Games HAPPY BIRTHDAY-Shirley Belknap	12 10:00 - Light & Lively Exercise 10:30 - News & Views with Jokes 11:00 - Bible Study with Eldon 1:00 - Sorry 2:00 - BINGO 3:00 - Wednesday Trivia	13 10:00 - Empower Me Exercise 10:30 - News & Views with White Board Games 11:00 - Trip To WALMART 1:00 - Nail Care 2:30 - Pinochle & Other Card Games 5:30 - Popcorn & Movie	14 10:00 - Sittercise Exercise 10:30 - News & Views with Railroad Spelling 11:00 -Joke Questions 2:00 - Jack & Maureen 2:00 - Happy Hour with the Leadership Team 3:00 -Finish Planters	9:30 - Walking Exercise 10:00 - Movie of Choice 1:00 - Community Jigsaw Puzzle 2:00 - BINGO
16 10:00 - Community Jigsaw Puzzle 11:00 - Busy Binder 2:00 - Church with Mike 3:00 - Board Games	17 10:00 - Light & Lively Exercise 10:30 - News & Views with Fun Facts 11:00 - Make Leprechaun Bait 1:00 - St Patrick's Trivia 2:00 - BINGO 3:00 - St Patrick's Day Party	18 10:00 - Sittercise Exercise 10:30 - News & Views with Life Memories 11:00 - MAID RITE 1:00 - Coffee Chat 2:00 - Art Center Craft 3:00 - Book Club 5:30 - Card Games	19 10:00 - Light & Lively Exercise 10:30 - News & Views with Jokes 11:00 - Bible Study with Eldon 1:00 - Game of Residents Choice 2:00 - BINGO 3:00 - Wednesday Trivia 3:30 - Nail Care	20 10:00 - Empower Me Exercise 10:30 - News & Views with White Board Games 10:30 - Mass with Sister Kathy 11:00 - Trip to LIBRARY 1:30 - Chef Chat 2:30 - Pinochle & Other Card Game 5:30 - Popcorn & Movie	21 10:00 - Sittercise Exercise 10:30 - News & Views with Railroad Spelling 11:00 - Make More Tie Blankets 1:00 - Put Craft Bags Together for MC 2:00 - Happy Hour with Aaron-Pizza Rolls 3:00 -Decide How to Decorate Umbrellas	9:30 - Walking Exercise 10:00 - Movie of Choice 1:00 - Community Jigsaw Puzzle 2:00 - BINGO
23 10:00 - Community Jigsaw Puzzle 11:00 - Busy Binder 2:00 - Church with Mike 3:00 - Board Games 30 10:00 - Community Jigsaw Puzzle 11:00 - Busy Binder 2:00 - Church with Mike 3:00 - Board Games	24 10:00 - Light & Lively Exercise 10:30 - News & Views with Fun Facts 11:00 - Make Brownies 2:00 - BINGO 1:00 - Game of Choice 3:00 - Coffee Chat 10:00 - Light & Lively Exercise 10:30 - News & Views with Fun Facts 11:00 - Make Cookies 2:00 - BINGO 1:00 - Make Flowers 3:00 - Coffee Chat	25 10:00 - Sittercise Exercise 10:30 - News & Views with Life Memories 11:00 - HY VEE 1:00 - Dominoes 2:00 - Spelling Bee 3:00 - Book Club 5:30 - Card Games	26 10:00 - Light & Lively Exercise 10:30 - News & Views with Jokes 11:00 - Bible Study with Eldon 1:00 - Balloon Blowing Contest 2:00 - BINGO 3:00 - Wednesday Trivia	27 10:00 - Empower Me Exercise 10:30 - News & Views with White Board Games 11:30 - Lunch with the Life Savers 1:00 - Nail Care 2:30 - Pinochle & Other Card Games 5:30 - Popcorn & Movie	28 10:00 - Sittercise Exercise 10:30 - News & Views with Railroad Spelling 11:00 - TARGET 1:00 - Rhyming Puzzles 2:00 - Happy Hour- Floats 3:00 - Start Decorate Umbrellas for Art Show HAPPY BIRTHDAY-RuthAnn Griggs	9:30 - Walking Exercise 10:00 - Movie of Choice 1:00 - Community Jigsaw Puzzle 2:00 - BINGO

Assisted Living

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Assisted Living & Memory C Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY ST. PATRICK'S DAy	KARDR KARDR KARDR	10 10 10 10 10 10 10 12 1 SPRINIA SPRINIA 8 7 6 5 FORWARD			Serving Snacks Every Day at 2:00	9:30 - Exercise 11:00 - CD Music 2:00 - Watch Old Movies on Pluto
2	3	Mardi Gras 4	5	6	7	
9:30 - Walking Exercise 10:00 - Coloring Album or Puzzles 11:00 - Jigsaw Puzzles 2:00 - Watch Disney Channel	10:00 - Bible Stories 10:30 - Light & Lively Exercise 11:00 - Decorate Mardi Gras Masks 1:00 -Trivia 2:00 -BINGO 3:00 - Balloon Ball	10:00 - Current Events 10:30 - Fit Sitters Exercise 11:00 - Sentimental Sing Along 1:00 - Ladder Ball 2:00 -Mardi Gras Celebration 3:00 -Parachute Fun 5:30 - Movie & Popcorn	10:00 - Grab Bag Wednesday 10:30 - Light & Lively Exercise 11:00 - Bible Study with Eldon 1:00 -Bake Cookies 2:00 - BINGO 3:00 - Noodle Ball	10:00 - Motivational Quote 10:30 - Light & Lively Exercise 11:00 - Make Joyful Noise 1:00 - Bowling 2:00 - Make Leprechaun Hat Popsicle Sticks} 3:00 - Bean Bag Toss	10:00 - Jokes Galore 10:30 - Sittercise Exercise 11:00 - Card Games 1:00 - Nail Care 2:00 - HAPPY HOUR 3:00 - Beach Ball Toss & Kick 5:30 - Movie & Popcorn	9:30 - Exercise 11:00 - CD Music 2:00 - Watch Old Movies on Pluto
Daylight Saving Time99:30 - Walking Exercise10:00 - Coloring Album orPuzzles11:00 - Jigsaw Puzzles2:00 - Watch Disney Channel	10 10:00 - Bible Stories 10:30 - Light & Lively Exercise 11:00 - Ring Toss 12:30 - Library Craft 2:00 -BINGO 3:00 - Balloon Ball	11 10:00 - Current Events 10:30 - Fit Sitters Exercise 11:00 - Connect 4 1:00 - Ladder Ball 2:00 - Water Painting 3:00 -Parachute Fun 5:30 - Movie & Popcorn	12 10:00 - Grab Bag Wednesday 10:30 - Light & Lively Exercise 11:00 - Bible Study with Eldon 1:00 - Make Jello 2:00 - BINGO 3:00 - Noodle Ball	13 10:00 - Motivational Quote 10:30 - Light & Lively Exercise 11:00 - Favorite Tunes 1:00 - Bowling 2:00 - Make Tissue paper Clovers 3:00 - Bean Bag Toss	14 10:00 - Jokes Galore 10:30 - Sittercise Exercise 11:00 - Card Games 1:00 - Hand Massages 2:00 - HAPPY HOUR 3:00 - Beach Ball Toss & Kick 5:30 - Movie & Popcorn	1 9:30 - Exercise 11:00 - CD Music 2:00 - Watch Old Movies on Pluto
16 9:30 - Walking Exercise 10:00 - Coloring Album or Puzzles 11:00 - Jigsaw Puzzles 2:00 - Watch Disney Channel	St. Patrick's Day1710:00 - Bible Stories10:30 - Light & LivelyExercise11:00 - Ring Toss11:00 - St. Patrick's Day Trivia2:00 - BINGO3:00 - St. Patrick's Day Party	18 10:00 - Current Events 10:30 - Fit Sitters Exercise 11:00 - Sentimental Sing Along 1:00 - Ladder Ball 2:00 - Art Center Craft 3:00 - Parachute Fun 5:30 - Movie & Popcorn	19 10:00 - Grab Bag Wednesday 10:30 - Light & Lively Exercise 11:00 - Bible Study with Eldon 1:00 -Make Cup Cakes 2:00 - BINGO 3:00 - Noodle Ball	20 10:00 - Motivational Quote 10:30 - Light & Lively Exercise 11:00 -Make Joyful Noise 1:00 - Bowling 2:00 - Jack & Maureen 3:00 - Bean Bag Toss	21 10:00 - Jokes Galore 10:30 - Sittercise Exercise 11:00 - Card Games 1:00 - Nail Care 2:00 - HAPPY HOUR with Aaron 3:00 - Beach Ball Toss & Kick 5:30 - Movie & Popcorn	2 9:30 - Exercise 11:00 - CD Music 2:00 - Watch Old Movies on Pluto
23 9:30 - Walking Exercise 10:00 - Coloring Album or Puzzles 11:00 - Jigsaw Puzzles 2:00 - Watch Disney Channel 30 9:30 - Walking Exercise 10:00 - Coloring Album or Puzzles 11:00 - Jigsaw Puzzles 2:00 - Watch Disney Channel	24 10:00 - Bible Stories 10:30 - Light & Lively Exercise 11:00 - Ring Toss 2:00 - BINGO 1:00 - Trivia 3:00 - Balloon Ball 10:00 - Bible Stories 10:30 - Light & Lively Exercise 11:00 - Trivia 2:00 - BINGO 1:00 - Ring Toss 3:00 - Balloon Ball	25 10:00 - Current Events 10:30 - Fit Sitters Exercise 11:00 - Connect 4 1:00 - Ladder Ball 2:00 - Water Painting 3:00 -Parachute Fun 5:30 - Movie & Popcorn	26 10:00 - Grab Bag Wednesday 10:30 - Light & Lively Exercise 11:00 - Bible Study with Eldon 1:00 - Make No Bake Cookies 2:00 - BINGO 3:00 - Noodle Ball	27 10:00 - Motivational Quote 10:30 - Light & Lively Exercise 11:00 - Favorite Tunes 1:00 - Bowling 2:00 - Make Egg Carton Flowers 3:00 - Bean Bag Toss	28 10:00 - Sittercise Exercise 10:30 - Jokes Galore 11:00 - Card Games 1:00 - Hand Massages 2:00 - HAPPY HOUR 3:00 - Beach Ball Toss & Kick 5:30 - Movie & Popcorn	2 9:30 - Exercise 11:00 - CD Music 2:00 - Watch Old Movies on Pluto

Memory Care